

# HOW TO MAKE YOUR OWN DOG SHAMPOO

## REGULAR SKIN

### BASIC DOG SHAMPOO

#### INGREDIENTS:

- 2 cups warm water
- 1/4 cup non-toxic dish soap to remove oil
- 1/2 cup white vinegar for a clean, shiny coat

Vinegar is a natural deodoriser that has antibacterial properties.

## DRY, ITCHY AND SENSITIVE SKIN

### ALOE VERA AND GLYCERIN DOG SHAMPOO

#### INGREDIENTS:

- 1 litre water
- 1/3 cup glycerin
- 2 tablespoons aloe vera gel
- 1 cup white or apple cider vinegar
- 1 cup baby shampoo or nontoxic dish soap

### OATMEAL DOG SHAMPOO FOR DRY SKIN

#### INGREDIENTS:

- 1 litre water
- 1/2 cup baking soda
- 1 cup of uncooked oatmeal

Aloe vera and oatmeal have soothing properties.

## METHOD

### ALOE VERA WITH GLYCERIN & BASIC DOG SHAMPOO

#### METHOD:

1. Combine ingredients in spray bottle.
2. Shake to mix.
3. Wet coat with warm water.
4. Add shampoo, but avoid eyes.
5. Work in and create a thick lather.
6. Always rinse properly.
7. Dry your dog.

### OATMEAL DOG SHAMPOO

#### METHOD:

1. Grind oats until fine and powdery (use a food processor, blender or coffee grinder).
2. Add to bowl along with baking soda and warm water then stir to combine.
3. Wet coat with warm water.
4. Add shampoo, but avoid eyes.
5. Work in and create a thick lather.
6. If possible, leave shampoo in for a few minutes before rinsing.
7. Rinse properly.
8. Dry your dog.